



Copper Country Senior Meals

NEWSLETTER VOLUME 1, ISSUE 1 NOV. 2021

Greetings!

Welcome to our first newsletter! All of us at Copper Country Senior Meals are looking forward to connecting with you more.

You can expect to find updates, opportunities, and resources in addition to some recipes, fun tidbits and games.

Newsletters will be delivered with your meal, and will also be available at our congregate sites or by request. Please let us know what you think!

Using (906)

Don't forget! As of October 24, Upper Peninsula residents must now dial (906) before all local phone numbers (10-digit dialing). This is due to the National Suicide Prevention Hotline shortening its number to 3 digits.

906-483-1155

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www.coppercountryseniormeals.org
www.facebook.com/CCSM49930



Copper Country Senior Meals is a 501(c)(3) that complies with Title VI of the Civil Rights Act of 1964, which prohibits discrimination based upon race, color, and national origin.



Thank you, Jennifer Szubielak!

Congratulations, Jennifer Szubielak, on your retirement from Copper Country Senior Meals! On July 7, 2021, friends and family gathered at The Bonfire in downtown Houghton and celebrated Jennifer and her longtime service to our community. For 15 years, Jennifer worked tirelessly to provide nutritious meals, daily wellness checks, leadership, and advocacy for seniors in Houghton and Keweenaw counties. She truly gave her heart to the program and its participants. As Jennifer is now in retirement, she is spending more time with family, gardening, and traveling. Thank you, Jennifer!

EMERGENCY
PACK
SENIOR MEALS

What are E-Bags?

On November 1, CCSM drivers distributed white Emergency Food Bags (E-Bags) to all of our home-delivered participants. A bag will be given to all new home-delivered participants as well. These bags contain an assortment of shelf-stable foods to be used in the event our office is closed and deliveries can't be made. This usually happens due to adverse weather conditions.

CCSM follows the local school closures, and we will announce our closure on local radio stations no later than 9 AM that day. Our phone message will be updated by 8AM on the day of the closure. This aids in the safety of our delivery drivers, and helps keep roads clear for essential vehicles.

Any E-Bags that have been previously delivered should be used at that time, if necessary. We will deliver another E-bag as soon as possible afterward.

Join Us at our Congregate Sites!

We would like to invite you to eat at one of our congregate sites around the Copper Country, where our guests can get together to eat a delicious meal.

We currently have lunchtime sites at:

- Lakeview Manor (Hancock),
- Chassell Fire Hall
- Calumet Park Avenue
- Keweenaw Pines (Mohawk)

Participants can share stories, talk about current events, make new friends, or catch up with old ones! Each site is like its own

community-- At our Chassell site, Sister Marcy says a prayer before we eat. At our Keweenaw site, when they throw away their napkins they make it into a game of basketball!

We have a lot of fun while eating a great meal; please come and join us! Call 1-906-483-1155 to reserve a spot at one of our tables.



Many of our congregants have been gathering in Chassell for more than a decade! Photo credit Kathy Bakkila.



Supply Chain Impacts Copper Country Senior Meals

You have probably noticed some changes in your meal delivery in recent weeks! We are no longer using paper bags, and are limiting our use of plastic bags as well. We have also had some last-minute menu and schedule changes.

Like many businesses and other nonprofits, CCSM is

juggling a lot of moving parts at once: there's a constant flurry of cooks, drivers, suppliers, and office staff working together to get meals out to those in need. Every single one of these roles has been impacted by COVID-19, and the resulting supply and delivery shortages.

Everything from bags, food supplies, milk cartons, and even dessert cups has been affected. The pandemic has also impacted our staff availability and delivery schedules.

Please have patience as we continuously adjust to the fluctuating availability of various resources, and know that we are working hard to serve you as best we can.

On the bright side, change can also mean opportunities: Some enterprising folks have started hanging a bag on their doorknob for meals, or have placed a small cooler outside their door. We appreciate your creativity and willingness to help!