



**SPECIAL
EDITION**

Copper Country Senior Meals
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Celebrate Older Americans Month with Copper Country Senior Meals!

This month Copper Country Senior Meals (CCSM) is joining the Administration for Community Living (ACL) in celebrating Older Americans Month. ACL is focusing on aging in place – how older adults can plan to stay in their homes and live independently in their communities for as long as possible. The 2022 theme is Age My Way, an opportunity for all of us to explore the many ways older adults can remain in and be involved with their communities.

As part of Older Americans Month, CCSM is partnering with the Portage Health Foundation for a special series of podcast episodes highlighting what makes Senior Meals such a special organization in Michigan's Copper Country. Episodes will include an overview of CCSM with Executive Director Kathleen Harter, a visit with some of the staff that made more than 86,000 meals for our community in 2021, a ride along with one of the beloved delivery drivers and a stop at one of the Congregate Meal Sites that take place each week throughout the Copper Country. More details can be found on our website.

CCSM has also launched a GoFundMe. This crowdsourcing effort will help purchase new equipment to keep the hot meals hot and the cold meals cold for the everyday deliveries in Houghton and Keweenaw counties. CCSM is looking to raise \$5,205. We will be able to purchase 15 new coolers and eight new hot bags. Make a donation by going to coppercountryseniormeals.org/older-americans-month-2022 or by using the QR code below.



How to scan a QR code on your phone:

1. Launch camera app on phone.
2. Frame the QR Code into the center of your camera.
3. A notification will come up with a link.
4. Tap the notification and you will go to the site.

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www.coppercountryseniormeals.org | www.facebook.com/CCSM49930

Copper Country Senior Meals is a 501(c)(3) that complies with Title VI of the Civil Rights Act of 1964, which prohibits discrimination based upon race, color, and national origin.