



**Copper Country Senior Meals**  
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**Copper Country Senior Meals receives  
PetSmart grant for research**

*Pictured above is Kimberly Britz and her pet, Peanut.*

Copper Country Senior Meals (CCSM) has been awarded a \$15,000 grant to launch a preliminary pet program following a competitive Discovery Grant Program offered through Meals on Wheels America in collaboration with PetSmart Charities.

"We are looking forward to learning about and better understanding our Senior Meal clients and their pets and pet needs," CCSM Director, Kathleen Harter said. Pets are important, as they brighten our day, alleviate loneliness, and may even help increase physical activity.

CCSM is looking forward to learning how we might develop a valuable pet program for Senior Meal clients that is based on our local needs. Emily Rogers and McKenzie Hart are the two CCSM staff leading this grant effort and we look forward to their findings and their work in this uplifting endeavor.

Caitlin Sundblad has worked as the Assessor for Copper Country Senior Meals since August 2021. You may have met Caitlin in your home or talked with her on the phone as part of the assessment process. We have been delighted to have Caitlin working for us with her friendly, professional, and constant caring for our senior meal clients. She brings a positive energy and enthusiasm to the work that we all enjoy. Unfortunately for Senior Meals, Caitlin and her family will be moving to Escanaba, MI later this spring. Caitlin will continue to work as our Assessor, until we have a new person hired and trained to take on her many duties. We will miss Caitlin but are grateful for all she has done for our organization and our clients this past year. Thank you, Caitlin, for being such a great asset to Copper Country Senior Meals. We will miss you!



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[www.coppercountryseniormeals.org](http://www.coppercountryseniormeals.org) | [www.facebook.com/CCSM49930](https://www.facebook.com/CCSM49930)

*Copper Country Senior Meals is a 501(c)(3) that complies with Title VI of the Civil Rights Act of 1964, which prohibits discrimination based upon race, color, and national origin.*



Saturday, February 26 was National Letter to an Elder Day. To connect with our local seniors, students throughout the Copper Country wrote letters, made cards, and created some beautiful artwork. These lovely notes were shared with some of our clients.

Recently, all Senior Meal clients received frozen meals as a substitute meal for when we are closed. While an office closure means we aren't able to deliver a hot meal and a friendly smile, we are hopeful that the frozen meal is a benefit. Such operational changes as this are important to gather your feedback on. Therefore, we will periodically, send out short surveys to gather your thoughts and opinions. Please be honest, as your input helps us make better decisions that better serve you.



## Beware of Scammers

Easiest way to make sure you do not get scammed is to make sure you know the number that you're getting a call from. Remember, never give money or private information to someone you do not know. To learn more, visit the National Council on Aging <https://www.ncoa.org>



We cherish our Senior Meal clients and each year, we try to show our appreciation with homemade cards. Thank you for making our Valentine's Day a special and heart warming day.